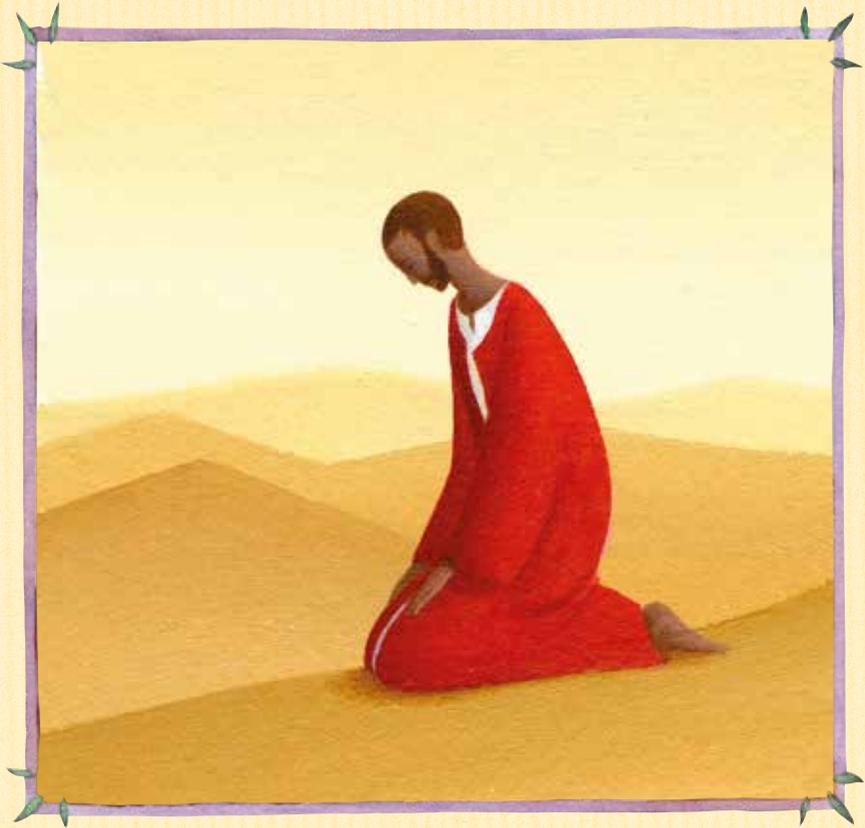


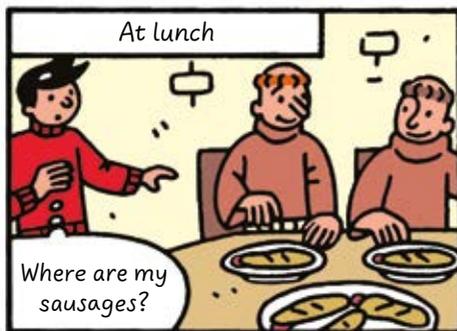
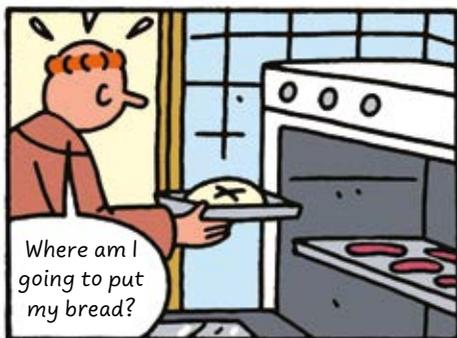
March 9, 2025

First Sunday of Lent

MagnifiKid!



“ Jesus was led by the Spirit
into the desert ”



► **Change your habits**

The forty-day countdown has begun. This week, take a look at the different bad habits in your life. As a sign of your desire to draw closer to God, try to break one or two of these habits. After reading the Sunday Gospel, answer the questions on page 2 of your Lenten notebook.

Tempted to take the easy way

Jesus faces temptation in the desert. He is tempted to use his power as God to turn stones to bread and to jump off the Temple rooftop without getting hurt. He is tempted to take an easy kingdom of power and riches instead of facing suffering for the kingdom of love. We can face the same temptations when we want our lives to be easy. We can think of prayer as a way to make God give us what we want. That's not how it works. Prayers are not magic words. God is a person, not a force that we can use as we wish. God doesn't make deals with us. He loves us! He gives us what we need because he cares about us, and he wants us to trust in his love. Our power as Christians doesn't come from the magic to get things the easy way, but from the faith that surrenders everything to God, from the love that faces difficulties with courage and hope. Lent is a time to face our temptations, a time to rediscover that God is with us—especially when things aren't easy.

Lisa Reno



► Meet God in the desert

Jesus went to the desert alone to pray and prepare for his mission. This week, try to spend a few minutes alone in silence each day. Pray to God in your heart and entrust all your cares to him.

Sunday, March 9th

First Sunday of Lent

→ *When the Entrance Chant is concluded, the Priest says:*

🗨 **In the name of the Father, and of the Son, and of the Holy Spirit.**

→ *The people reply:*

🗨 **Amen.**



Greeting

🗨 **The grace of our Lord Jesus Christ,/ and the love of God,/ and the communion of the Holy Spirit/ be with you all.**

🗨 **And with your spirit.**

Penitential Act

🗨 **Brethren (brothers and sisters), let us acknowledge our sins,/ and so prepare ourselves to celebrate the sacred mysteries.**

🗨 **I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done, and in what I have failed to do,**

→ *And, striking their breast, they say:*

through my fault, through my fault,

through my most grievous fault;

→ *And they continue:*

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

🗨 **May almighty God have mercy on us,/ forgive us our sins,/ and bring us to everlasting life.**

🗨 **Amen.**

Kyrie, eleison

🗨 **Lord, have mercy.**

🗨 **Lord, have mercy.**

🗨 **Christ, have mercy.**

🗨 **Christ, have mercy.**

🗨 **Lord, have mercy.**

🗨 **Lord, have mercy.**

→ *The Gloria is omitted during Lent.*

Collect

🗨 **Grant, almighty God,/ through the yearly observances of holy Lent,/ that we may grow in understanding/ of the riches hidden in Christ/ and by worthy conduct pursue their effects./**

Neither “Glory to God” nor Alleluia

Not singing “Glory to God” or Alleluia is a little like going without food. At the end of a fast, we are very hungry and food has a renewed flavor. In the same way, we go without singing joyful songs of praise during

• Lent so that the joy of the Resurrection that
• bursts forth at Easter really has the taste
• of something new. On Easter morning, the
• bells will ring as we joyously sing God’s glory
• with the Gloria.

Through our Lord Jesus Christ, your Son,/ who lives and reigns with you in the unity of the Holy Spirit,/ God, for ever and ever.

🗨️ **Amen.**

LITURGY OF THE WORD



A reading from the Book of Deuteronomy

The confession of faith of the chosen people.

Moses spoke to the people, saying: "The priest shall receive the **basket (1)** from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the LORD, your God, 'My father was a wandering Aramean who went down to Egypt with a small household and lived there as an **alien (2)**. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our **oppression (3)**. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land

flowing with milk and honey. Therefore, I have now brought you the firstfruits of the products of the soil which you, O LORD, have given me.' And having set them before the LORD, your God, you shall bow down in his presence."

(Deuteronomy 26:4-10)

🗨️ **The word of the Lord.**

🗨️ **Thanks be to God.**



Psalm 91

R. Be with me, Lord, when I am in trouble.

You who dwell in the shelter of the **Most High (4)**,
who abide in the shadow of the **Almighty (4)**,
say to the LORD, "My refuge and fortress,
my God in whom I trust." **R.**

No evil shall befall you,
nor shall affliction come near your tent,
for to his angels he has given command
about you,
that they guard you in all your ways. **R.**

THE DIFFICULT WORDS

(1) The **basket** or first fruits are the first harvests or the first animals born each year. They were offered to God.

(2) An **alien** is a foreigner or stranger in a land they do not know well.

(3) To suffer **oppression** is to be treated unjustly by people stronger than you.

(4) The **Most High** and the **Almighty** are names for God.

Upon their hands they shall bear you up,
lest you dash your foot against a stone.
You shall tread upon the **asp** (5) and
the **viper** (5);
you shall trample down the **lion** (5) and
the **dragon** (5). *R.*

Because he clings to me, **I** (6) will
deliver him;
I will set him on high because he
acknowledges my name.
He shall call upon me, and I will answer him;
I will be with him in distress;
I will deliver him and glorify him. *R.*

 **A reading from
the Letter of Saint Paul
to the Romans**

The confession of faith of all believers in Christ.

Brothers and sisters: What does
Scripture (7) say?! *The word is near
you, in your mouth and in your heart*—that
is, the word of faith that we preach—, for, if
you **confess** (8) with your mouth that Jesus
is Lord and believe in your heart that God
raised him from the dead, you will be saved.
For one believes with the heart and so is
justified, and one confesses with the mouth
and so is saved. For the Scripture says, *No one*

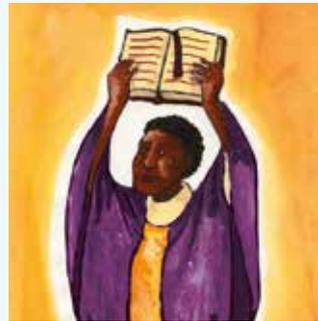
who believes in him will be put to shame. For
there is no distinction between Jew and Greek;
the same Lord is Lord of all, enriching all who
call upon him (9). For “everyone who calls
on the name of the Lord will be saved.”

(Romans 10:8-13)

-  **The word of the Lord.**
-  **Thanks be to God.**

Verse before the Gospel

-  **Praise to you, Lord Jesus Christ,
king of endless glory!**
-  **One does not live on bread
alone, but on every word that comes
forth from the mouth of God.**
-  **Praise to you, Lord Jesus Christ,
king of endless glory!**



Gospel

-  **The Lord be with you.**
-  **And also with you.**

THE DIFFICULT WORDS

- (5) The **asp**, the **viper**, the **lion**, and the **dragon** are dangerous animals that symbolize evil.
- (6) In this paragraph, it is God who is saying “**I**,” and who is talking to those who believe in him.
- (7) **Scripture** is the Bible.
- (8) **To confess** that Jesus is Lord means that we are saying in words that we believe Jesus is Lord.
- (9) **To call upon** God is to ask him for help, to pray.

🗨️ **A reading from the holy Gospel according to Luke.**

🗨️ **Glory to you, Lord.**



A reading from the holy Gospel according to Luke

Jesus was led by the Spirit into the desert and was tempted.

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be **tempted (10)** by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, *One does not live on bread alone.*" Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, "I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you **worship (11)** me." Jesus said to him in reply, "It is written: *You shall worship the Lord, your God, and him alone shall you serve.*" Then he led him to Jerusalem, made him stand on the **parapet (12)** of the temple, and said to him, "If you are the Son of God, throw

yourself down from here, for it is written: *He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone.*" Jesus said to him in reply, "It also says, *You shall not put the Lord, your God, to the test (13).*" When the devil had finished every temptation, he departed from him for a time.

(Luke 4:1-13)

🗨️ **The Gospel of the Lord.**

🗨️ **Praise to you, Lord Jesus Christ.**

Homily

Profession of Faith

I believe in one God,

the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;

through him all things were made.
For us men and for our salvation
he came down from heaven,

THE DIFFICULT WORDS

(10) **To tempt** means to try to persuade a person to do something that is not good.

(11) **To worship** means to bow down in prayer and praise as if to God.

(12) A **parapet** is a ledge along a rooftop, like the place where soldiers would stand on top of a castle wall.

(13) **To put someone to the test** means to challenge someone to prove something, or to try to trick him.

→ *All bow until the words: "and became man."*

and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand
of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
and the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to
the resurrection of the dead
and the life of the world to come.

Amen.

Prayer of the Faithful

LITURGY OF THE EUCHARIST

Presentation and Preparation of the Gifts

→ *If the Offertory Chant is not sung, the Priest may speak these words aloud:*

🗨 **Blessed are you, Lord God of all creation,/ for through your goodness we have received/ the bread we offer you:/ fruit of the earth and work of human hands,/ it will become for us the bread of life.**

🗨 **Blessed be God for ever.**

🗨 **Blessed are you, Lord God of all creation/ for through your goodness we have received/ the wine we offer you:/ fruit of the vine and work of human hands,/ it will become our spiritual drink.**

🗨 **Blessed be God for ever.**

Invitation to Prayer

🗨 **Pray, brethren (brothers and sisters),/ that my sacrifice and yours/ may be acceptable to God,/ the almighty Father.**

🗨 **May the Lord accept the sacrifice at your hands for the praise and glory of his name,**

The desert

In the Bible, God often speaks to people in the desert. The desert, also called the wilderness, is rarely one's home. Rather, it is a place to visit for a time, or to pass through on the way to something else. Sometimes it is a welcome place of quiet, and sometimes it is a lonely and dangerous place. The desert always invites one to pray and trust in God. Symbolically, the desert is the place where things change. Many people seek time in the desert by making

**for our good,
and the good of all his holy Church.**

Prayer over the Offerings

🗨️ **Give us the right dispositions,
O Lord, we pray,/ to make these
offerings,/ for with them we
celebrate the beginning/ of this
venerable and sacred time./ Through
Christ our Lord.**

🗨️ **Amen.**



Eucharistic Prayer

🗨️ **The Lord be with you.**

🗨️ **And with your spirit.**

🗨️ **Lift up your hearts.**

🗨️ **We lift them up to the Lord.**

🗨️ **Let us give thanks to the Lord
our God.**

🗨️ **It is right and just.**

Preface: The Temptation of the Lord

It is truly right and just, our duty and our salvation,/ always and everywhere to give you thanks,/ Lord, holy Father, almighty and eternal God,/ through Christ our Lord./ By abstaining forty long days from earthly food,/ he consecrated through his fast/ the pattern of our Lenten observance/ and, by

overturning all the snares of the ancient serpent,/ taught us to cast out the leaven of malice,/ so that, celebrating worthily the Paschal Mystery,/ we might pass over at last to the eternal paschal feast./ And so, with the company of Angels and Saints,/ we sing the hymn of your praise,/ as without end we acclaim:

🗨️ **Holy, Holy, Holy Lord**

God of hosts.

**Heaven and earth are full
of your glory.**

Hosanna in the highest.

**Blessed is he who comes
in the name of the Lord.**

Hosanna in the highest.

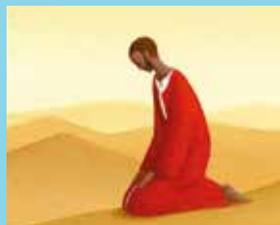
→ *The Priest has over ten different texts to choose from. During this prayer, he asks the Holy Spirit to transform the bread and wine so that they become the Body and Blood of Jesus Christ. The Priest then says the words of Jesus:*

“TAKE THIS, ALL OF YOU, AND EAT OF IT,/ FOR THIS IS MY BODY/ WHICH WILL BE GIVEN UP FOR YOU.”

“TAKE THIS, ALL OF YOU, AND DRINK FROM IT,/ FOR THIS IS THE CHALICE OF MY BLOOD,/ THE BLOOD OF THE NEW AND ETERNAL COVENANT,/ WHICH WILL BE Poured OUT FOR YOU AND FOR MANY/ FOR THE FORGIVENESS OF SINS./ DO THIS IN MEMORY OF ME.”

THIS WEEK'S SPOTLIGHT

retreats. Retreats are times away from the busyness of usual activities, times to find God in silence and prayer. During Lent, we retreat spiritually into the desert. We listen to God and seek a change of heart.



→ After the Body and Blood of Christ are raised, we say or sing an acclamation. This is the most common one:

Q **The mystery of faith.**

Q **We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

→ During the rest of the Eucharistic Prayer, we pray for the whole Church. At the end, the Priest says:

Q **Through him, and with him, and in him,/ O God, almighty Father,/ in the unity of the Holy Spirit,/ all glory and honor is yours,/ for ever and ever.**

Q **Amen.**

Communion Rite

Q **At the Savior's command/ and formed by divine teaching,/ we dare to say:**

Q **Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven.**

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass, against us; and lead us not into temptation, but deliver us from evil.



Q **Deliver us, Lord, we pray, from every evil,/ graciously grant peace in our days,/ that, by the help of your mercy,/ we may be always free from sin/ and safe from all distress,/ as we await the blessed hope/ and the coming of our Savior, Jesus Christ.**

Q **For the kingdom, the power and the glory are yours now and for ever.**

Q **Lord Jesus Christ,/ who said to your Apostles:/ Peace I leave you, my peace I give you,/ look not on our sins,/ but on the faith of your Church,/ and graciously grant her peace and unity/ in accordance with your will./ Who live and reign for ever and ever.**

Q **Amen.**

Q **The peace of the Lord be with you always.**

Q **And with your spirit.**

Q **Let us offer each other the sign of peace.**

→ Then the Priest takes the host, breaks it over the paten, and places a small piece in the chalice. Meanwhile, the following is sung or said:

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world,

Your prayer after Communion

After receiving Holy Communion, you can say this prayer silently to yourself. If you have not yet received your First Communion, you can still say this prayer because of your desire to receive Jesus.

• Father, through Jesus, in union with the whole Church, I thank you for coming into my heart. May this Communion in the Body and Blood of Jesus strengthen me to

have mercy on us.

Lamb of God, you take away the sins
of the world,
grant us peace.

Invitation to Communion

→ *Holding up the consecrated host, the Priest says:*

🗨 **Behold the Lamb of God, / behold him who takes away the sins of the world. / Blessed are those called to the supper of the Lamb.**

🗨 **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**



Prayer after Communion

🗨 **Renewed now with heavenly bread, / by which faith is nourished, hope increased, / and charity strengthened, / we pray, O Lord, / that we may learn to hunger for Christ, / the true and living Bread, / and strive to live by every word / which proceeds from your mouth. / Through Christ our Lord.**

🗨 **Amen.**

face temptation. Help me to go through Lent with a spirit of love and sacrifice.

Now, listen attentively to the prayer that the Priest is going to say in the name of the entire congregation. It is your prayer, too. You can follow along in *MagnifiKid!* It is the Prayer after Communion.

CONCLUDING RITES

Brief announcements

Prayer over the People and Final Blessing

🗨 **The Lord be with you.**

🗨 **And with your spirit.**

🗨 **May bountiful blessing, O Lord, we pray, / come down upon your people, / that hope may grow in tribulation, / virtue be strengthened in temptation, / and eternal redemption be assured. / Through Christ our Lord.**

🗨 **Amen.**

🗨 **And may the blessing of almighty God / the Father, and the Son, ✠ and the Holy Spirit / come down on you and remain with you for ever.**

🗨 **Amen.**

Dismissal

→ *In these or similar words the Priest or Deacon dismisses the people:*

🗨 **Go in peace, glorifying the Lord by your life.**

🗨 **Thanks be to God.**





In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Open the doors of our heart so that we might hear the Word of the Lord!

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

Lord, thank you for this new day which is beginning. Help me to recognize your presence and make my faith in you grow.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pray

Morning
Evening

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Let us be converted so that we believe in the Good News!

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

Lord, today I have tried to live by always turning to you. Forgive me for all those moments when I didn't know how to trust you. Watch over me and my family tonight.

Our Father, who art in heaven...

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

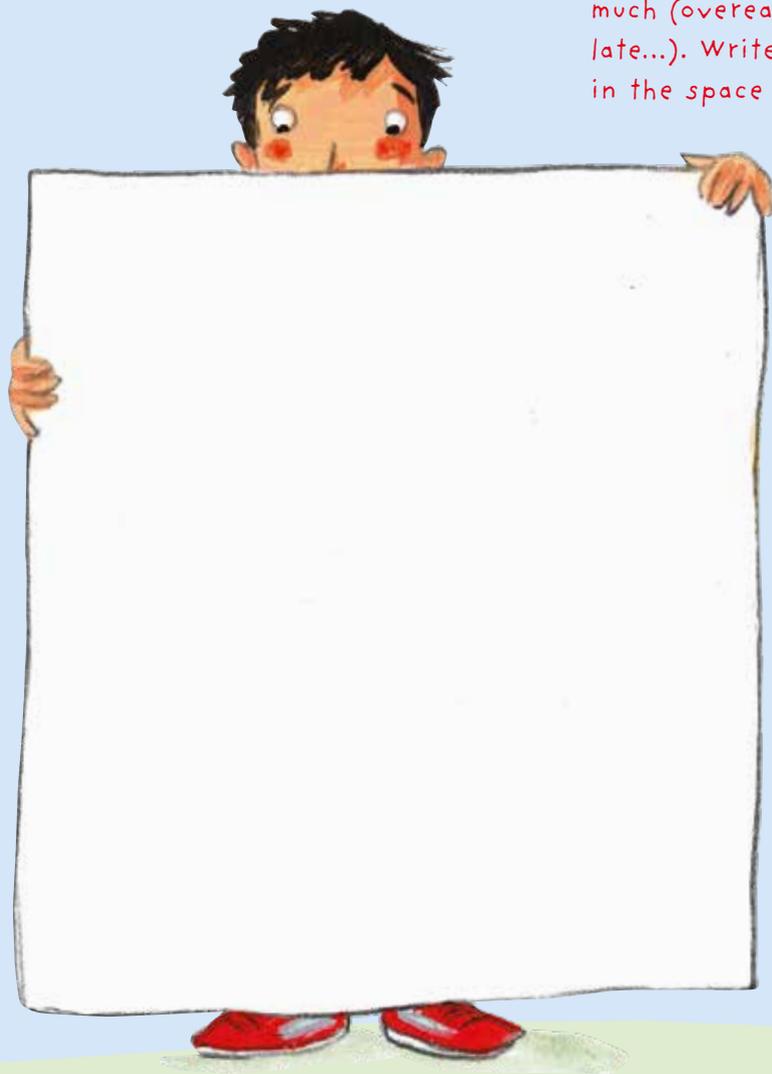


If you want to, before falling asleep, you can also say the Hail Mary.

Bringing It All Together

Like Jesus, who prepared to go out on his mission by praying in the desert to his Father, you too have begun Lent. This week, you have carefully read the Sunday Gospel from Luke and you have answered the questions on page 2 of your Lenten notebook.

You have also been working on some of your bad habits. These can be sinful words or attitudes (like jealousy, disrespect, laziness, greed...), or simply things we like too much (overeating, staying up too late...). Write down five of them in the space below.



Choose one of these bad habits that is a big temptation for you, one that keeps you from praying or studying or being a better person. **Magnifikid!** invites you to give this up for the entire week. This “fasting” will be a beautiful sacrifice and show your desire to be more like Christ. Write it down in your Lenten notebook.

Hosea, faithful husband and prophet

Hosea was the prophet of God's faithful love. Through Hosea, the Lord revealed that he continues to love his people, even when they break their promises and sin. God's mercy is always stronger than sin. Hosea loved his wife very much. He cared for her and worked hard to make her happy. Still, she wasn't very good to him. Time and time again she was unfaithful to him. She went away from him to give her love to others. Through it all, Hosea continued to love her, no matter how badly she treated him. God had commanded him to do this. He was a sign to Israel that God never takes back his love.

Far from God

"The people of Israel don't seem to love God anymore," remarked Hosea. Though they promised to love God for ever, their love was fading. They were falling in love with their sins. People went through the motions of praying, but they didn't really love God anymore. They found it easier and more fun to

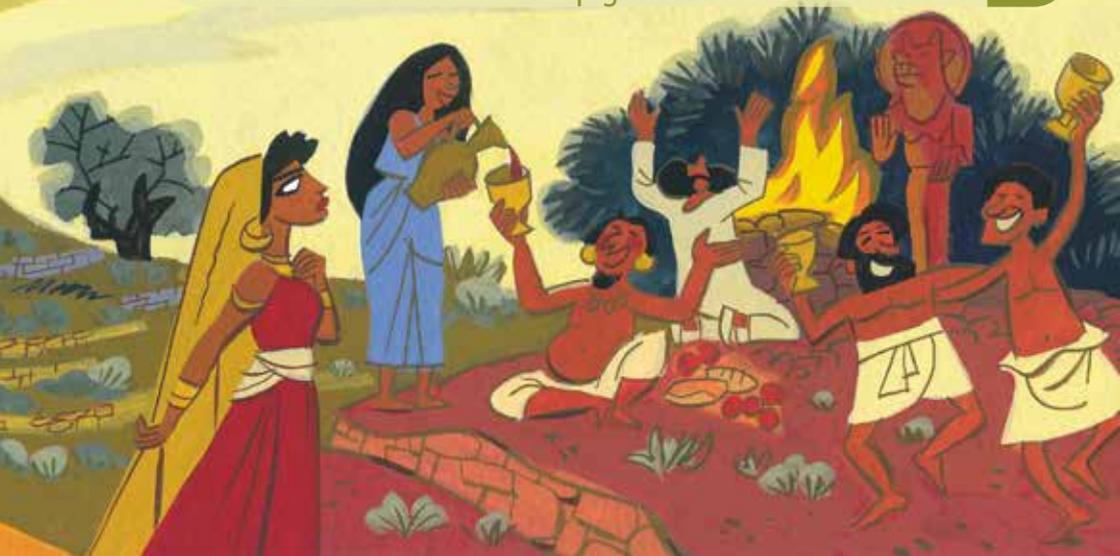


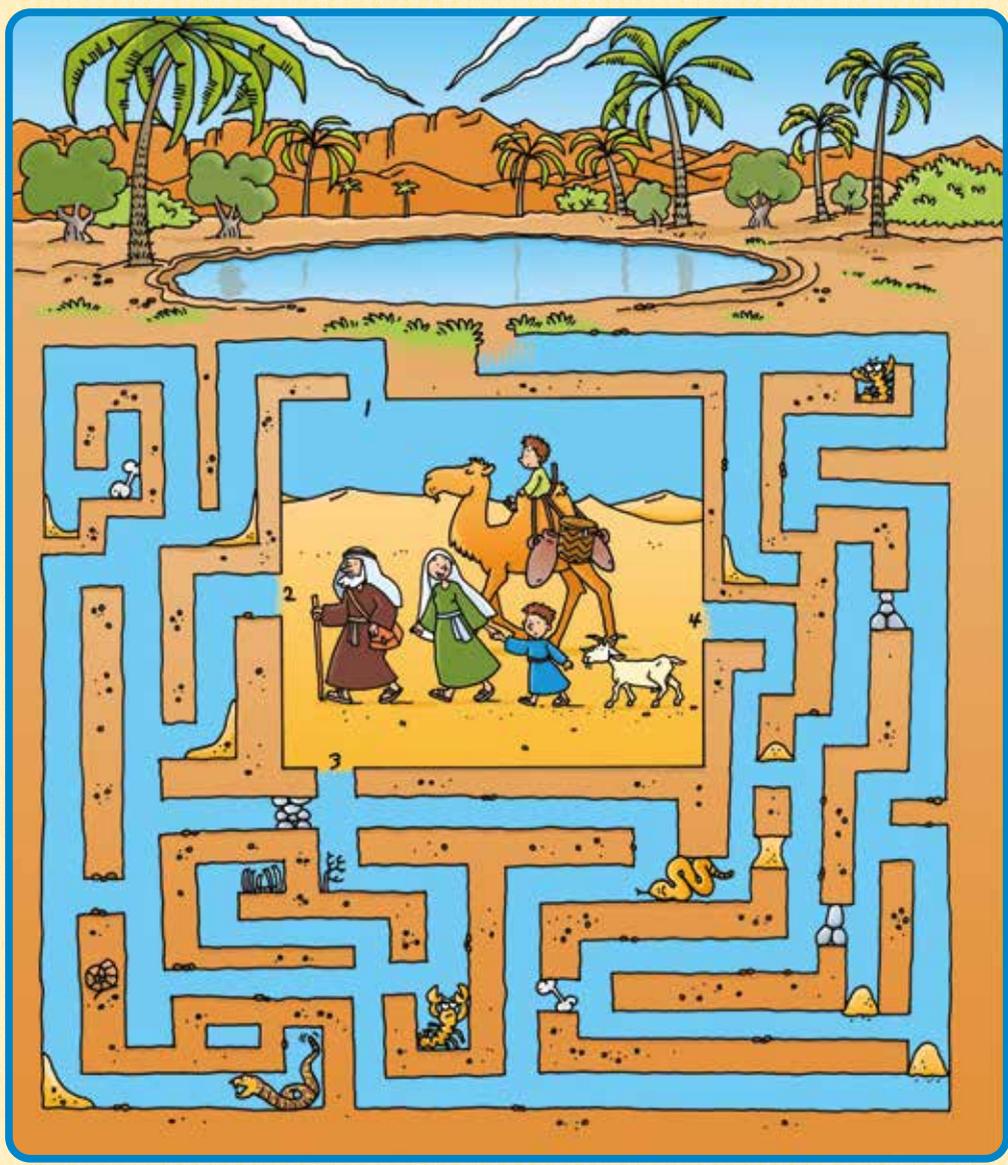
worship the “Baals,” the false gods of nature. These gods told people to drink too much wine and have sinful parties day and night. The Baals didn’t have rules and didn’t expect people to be responsible. They promised only fun.

Come back to the Lord!

“Yes, but the Baals are less loving than the Lord!” proclaimed Hosea. As the people got further and further away from the Lord, Hosea told them over and over again about the incredible love of God. The prophet traveled across the country proclaiming this love and calling people to a change of heart. If the people didn’t come back to the Lord, if they didn’t give up their bad habits, they would find themselves alone and brokenhearted. The Baals weren’t real and couldn’t give love. All that the people of Israel had to do was come back with their whole heart. In spite of the many times that the people rejected God, he only wanted them to come home.

“It is love that I desire, not sacrifices. It is learning to know God that is important, rather than holocausts,” says the Lord through Hosea. The prophet tells us that God expects sincere love from us and not just gestures and rituals that don’t have any meaning. He invites us, for example, to come to Mass with our hearts and not simply out of habit.





HELP BENJAMIN'S FAMILY TO FIND THE RIGHT PATH TO REACH THE OASIS.

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